Unit 4 Diogenes and Alexander

**I. Words and Phrases**

1. lie on (lying on)

* lie on one's back 仰面躺着

2. bare earth光秃秃的土地

* bare

(1) not covered by anything赤裸的

She likes to walk around in bare feet. 她喜欢光着脚走来走去。

(2) empty空的

The fridge was completely bare. 电冰箱里什么也没有

(3) [only before noun] just enough; the most basic or simple 仅够的；最基本的

The family was short of even the bare necessities of life. 那家人甚至没有最起码的生活所需。

We only had the bare essentials in the way of equipment. 我们只有最基本的设备。

He did the bare minimum of work but still passed the exam. 他只花了最少的工夫，却仍然通过了考试。

3. scratch

(1) to rub your skin with your nails, usually because it is itching 挠，抓

* ~ at sth.

The dog scratched itself behind the ear. 狗用爪子挠挠耳后。

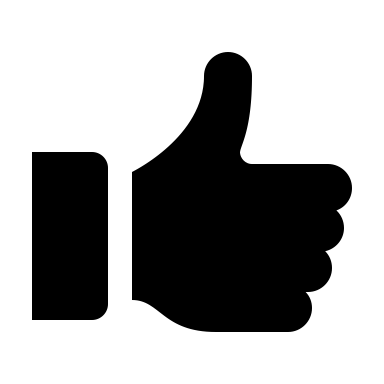
She scratched at the insect bites on her arm. 她挠了挠胳膊上虫咬的包。

(2) to make or remove a mark on sth deliberately刮出（或刮去）痕迹；划下（或擦去）痕迹

We scratched some of the dirt away. 我们刮掉了一些脏东西。

(3) sb cannot take part in sth取消；撤销；退出

The horse was scratched from the race because of injury. 这匹马因伤被取消了比赛资格。

关于scratch的有趣搭配：

* from scratch从零开始

I learned German from scratch in six months.

* scratch your head (over sth) 苦思冥想；绞尽脑汁
* scratch the surface (of sth) 隔靴搔痒

This essay is so short that it can only scratch the surface of the topic.

这篇文章很短，只能对这一问题作肤浅的探讨。

4. do one’s business （委婉语）大便💩

5. beg a piece of bread 乞讨一块面包

* beg 祈求

beg sb for help 向…求援

6. squat on

* squat

(1) to sit on your heels with your knees bent up close to your body 蹲坐；蹲

He bent to a squat and gathered the puppies on his lap.

他弯腰蹲下，把小狗们聚揽到他的大腿上。

(2) to live in a building or on land which is not yours, without the owner's permission 偷住，擅自占用（房子或地方）

They ended up squatting in the empty houses on Oxford Road. 他们落得在牛津路偷住空房的境地。

7. wash down用水冲下

I need some hot water to wash down some medicine.

我要用热水服药。

8. a handful of 一把；少量的

He picked up a handful of dirt and threw it at them.

他抓起一把土朝他们扔过去。

Frank put a handful of loose change on the table.

弗兰克将一把零钱放在了桌子上。

9. scoop

V.

(1) 用勺舀

He scooped some ice-cream out of the tub.

他从桶里舀了一些冰淇淋。

(2) 抢先报道

The paper had inside information and scooped all its rivals. 这家报纸获得内部消息，抢在所有竞争对手之前发表了。

N. 小勺，一勺的量

10. hollowed hands 成空心状的手

* hollow

V.

使成为空洞 （原文这里hollowed就是hollow作动词加ed的用法）

Adj.

（1）空心的，空洞的

Bamboo is a sort of hollow plant.

竹子是一种中空的植物。

She looked old and thin with sunken cheeks and hollow eyes.

她看上去又老又瘦, 脸颊凹陷, 眼圈发黑。

（2）虚伪的

His apology rings a little hollow.

他的道歉听上去不太诚恳。

* 对比

[hollow](dic://hollow): 指物体中间是空的。

[empty](dic://empty): 指空无一人或一物。  
[vacant](dic://vacant): 侧重某物或某个位置没有被占用。  
[blank](dic://blank): 指上面没有写字的空白处。

11. provide for one’s family 供养家庭

She stretched herself to provide for the family.

她竭尽全力养家糊口。

12. throw sharp questions at sb向…抛出尖锐刺耳的问题

* sharp contrast 鲜明对比；强对比，强烈对比
* sharp rise 激增；激涨

13. a shower of一阵雨点般的

Fawkes dived. His long golden beak sank out of sight and a sudden shower of dark blood spattered the floor.

福克斯猛地俯冲下来，它长长的金喙扎进了蛇怪的脑袋，顿时，一股黑血泼溅到地面上，像一场阵雨。（选自哈利波特与密室）

14. elaborate

(1) vi. 详尽说明 ~on sth

Please elaborate on your proposals a little.

请稍微详细说明你的建议。

Snape nodded, but did not elaborate.

斯内普点了点头，但没有详细说下去。

(2) adj. 精致的；精心制作的

* an ~ plan/wedding精心的计划

An elaborate marriage ceremony wastes both energy and money.

铺张的婚礼仪式真是劳民伤财。

15. shelter from 使…免受…

* shelter

(1) N. 庇护所

An animal ~动物收容所

(2) V. 庇护

Help the poor, shelter the homeless.

* 类似用法：

Freedom from…

Freedom from fear: 免于恐惧；freedom from taxation: 免税

16. mock and satirize 嘲笑和讥讽

17. convert

(1) 转化（to change）

convert sorrow into strength

化悲痛为力量。

(2) 使…改变信仰（to change one’s belief）

convert to Islam

皈依伊斯兰教

18. discard 抛弃

discard old beliefs 抛弃旧观念

(get rid of, abandon)

19. inhabit居住于

Woodpeckers inhabit hollow trees.

啄木鸟栖息在中空的树中。

（注意：区分Unit 1中出现的inhibit-抑制）

20. by choice 出于自己的选择

（para. 6中出现by design, 指出于计划，故意）

It found that people tend to feel happier if they help others, but if they do so by choice.

研究发现，如果人们愿意帮助他人，而且是出于自愿，他们往往会感到更快乐。

21. out of principle出于原则

22. expound解释，说明（elaborate on…）

He warmed up as he expounded his views.

他在阐明自己的意见时激动起来了。

23. care to乐意

24. be sick with anxiety 焦虑得要死

be sick with jealousy 嫉妒得要死

25. procure 获得

My uncle procured employment for me.

我叔叔为我谋得一份差事。

26. perishable易消亡的

Fruits are perishable in transit.

水果在运送时容易腐烂。

27. a war scare战争恐慌，战争风声

28. profit-happy一心捞钱的

29. a sober man一个清醒的人

30. tottering drunks 摇摇欲坠的醉汉

31. restrained 克制的，节制的

His face firmed and he spoke with restrained anger.

他把脸一沉,按捺着火气说话。

* restrain 克制

restrain oneself 自制，约束自己 (self-discipline 自律)

32. emulate

(1) 追赶，比得上

You must work hard to emulate your brother’s success.

(2)模仿

The dogs really start to emulate what the humans are doing.

狗真的开始模仿人类的动作。

33. a corps of一组，一队

a corps of all-female bodyguard一群女保镖

34. the man of the hour风云人物，鼎盛时期的人物

35. seek employment with sb. 向…谋求一官半职

36. have an air of destiny 有一种能决定未来的气场

37. block the sunlight阻挡阳光

38. labor to do努力做…= make great efforts to do/endeavor to do/try one’s best to do

39. toil and sweat辛勤劳作

* Toil: 辛苦工作

They toiled with their hands for a living. 他们艰难地用他们的双手谋生。

* Sweat: 流汗

**II. Sentences**

1. Sometimes they threw bits of food, and got scant thanks; sometimes a mischievous pebble, and got a shower of stones and abuse. (Para. 1)
2. He was not the first to inhabit such a thing. But he was the first who ever did so by choice, out of principle. (Para. 3)
3. Diogenes took his old cask and began to roll it up and down. “When you are all so busy,” he said, “I feel I ought to do something!”. (Para. 9)
4. There was a war scare so serious that it stirred even the lazy, profit-happy Corinthians. (Para. 9)
5. …he loved drinking, but he could usually handle it; and toward women, he was nobly restrained and chivalrous. (Para. 12)
6. He was the man of the hour, of the century; he was unanimously appointed commander-in-chief…(Para. 13)
7. Nearly everyone crowded to Corinth in order … to seek employment with him … (Para. 13)
8. There was an amazed silence. (Para. 17)
9. “If I were not Alexander, I should be Diogenes.” They took it as a paradox. (Para. 17)
10. It was a storage jar made of earthenware, no doubt discarded because a break had made it useless. (Para. 3)
11. There have been many men who grew tired of human society with its complications, and went away to live simply—on a small farm, in a quiet village, or in a hermit’s cave. (Para. 5)
12. Aristotle taught Alexander poetry: the young prince slept with the *Iliad* under his pillow and longed to emulate Achilles, who brought the mighty power of Asia to ruin. (Para. 12)
13. Like Diogenes, he admired the heroic figure of Hercules, who labored to help mankind while all others toiled and sweated only for themselves. (Para. 17)
14. He knew that of all men then alive in the world only Alexander the conqueror and Diogenes the beggar were free. (Para. 17)
15. Sometimes they threw bits of food, and got scant thanks; sometimes a mischievous pebble, and got a shower of stones and abuse.
16. He spent much of his life in the rich lazy, corrupt Greek city, mocking and satirizing its people, and occasionally converting one of them.
17. He was not the first to inhabit such a thing, but he was the first who ever did so by choice, out of principle.
18. At bright noonday he walked through the market place carrying a lighted lamp and inspecting the face of everyone he met.
19. He was the man of the hour, of the century; he was unanimously appointed commander-in-chief of a new expedition against old, rich, corrupt Asia.
20. Para. 4